

PARENT / GUARDIAN CONNECTION

FIRST GRADE: TOB LESSON 1

THEME: CREATION IS A GIFT (PART 1)

SOW THE SEED



Dear Parents,

In this Theology of the Body (TOB) lesson your child will learn that all of **Creation Is a Gift** for the human person, who is the only created being that can understand and appreciate this awesome gift. We are able to do this because as sons or daughters of God, we have the ability to reason (intellect) and make choices (free will), so we are able to understand that God gave all of creation to us as a gift out of love. Each person is created for a unique, exclusive, and unrepeatable relationship with God himself. There is no one else on earth, and for all of history, that is exactly like your child. He or she is completely unique, chosen, and loved by God, who is Eternal Love itself.

In this lesson, while the students are listening to the Creation Story being read aloud, the class imagines and draws their depiction of each of these days. We discuss how God is a gift-giver and gave us the gift of His Creation. We also discuss that the most precious gift of all of creation is the human person.

GERMINATE THE SEED



FAMILY DISCUSSION QUESTION:

What are you grateful for today? **(**Note to parents:** A good practice for each of us to do at the end of each day is an "Examination of Conscience." As we review our day, we can ask God's mercy for the times we have sinned, but also to thank him for the many blessings He gives each day and in each moment. Being aware of the gifts that come to us from God's goodness will help us to be grateful. Teaching kids to be grateful can be a wonderful habit that will enrich the rest of their lives. "Dedicate yourself to thankfulness" Col 3:15).*





FAMILY ACTIVITY:

Choose one of the following:

1. Have a Mass offered at Church in gratitude to God for a blessing in your life.
2. Say a family Rosary (you can start with a decade) in gratitude to God for all His blessings.

FAMILY PRAYER:

Heavenly Father, Thank you for the gift of creation, and for the gift of life. We praise you for the beauty of it all. We thank you for the blessings that come to us every day. Please teach us how to be better gifts to one another. All glory be to You, Lord.

Amen.

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit RuahWoodsInstitute.org/parents to view a TOB parent presentation.

