PARENT / GUARDIAN CONNECTION FIRST GRADE: TOB LESSON 4



SOW THE SEED

Dear Parents,

In this Theology of the Body (TOB) Lesson on **Vocation**, your child will learn that Jesus Christ teaches that everyone who hears his words and follows them is like a wise person building his house on rock. That house is able to withstand rains, floods and winds (Cf. Mt 7:25) in contrast to the house built on sand, which crumbles (Cf. Mt 7:27). We could say that the foundations of a young person's vocation are being laid long before the construction of the "house" begins. Growth and maturation for a person requires an accurate, authentic self-identity built upon the bedrock of Christ's teachings. Self-identity comes from being certain of one's own dignity and self-worth that's founded not upon the shifting sands of what we do, what we have, how we feel, how we look or how we are treated by others, but rather on being:

- 1. Made in the image and likeness of God.
- 2. Redeemed by Christ, who laid down his life for each of us.
- 3. Called to glory (cf. Rm 8:30) to spend eternity sharing in the loving communion of the three Persons of the Blessed Trinity.

In this lesson, your child will learn to recognize that God created us very good and loves each one of us in a special way. We will discuss the book, *The Animal Hedge* and discover together how each character's *specific* calling is connected to their individuality. We will explore the word "unique" and do a guided prayer meditation focusing on their own uniqueness.

S GERMINATE THE SEED

FAMILY DISCUSSION QUESTION:

What gifts and talents has God given each of us in our family?

*(**Note to parents:** Have a family discussion about the unique gifts and talents each member of your family has. God has made us all unique and unrepeatable. He has blessed us with different gifts to share and build up the body of Christ).



SROW THE SEED

FAMILY ACTIVITY:

Use one of your talents to be a gift to someone in your family, for example draw a picture, make a handmade card, sing a song or prepare a snack for them.

FAMILY ACTIVITY:

Dear God, thank you for the gifts and talents you have given everyone in our family. Please help us to use these gifts for your Glory and to serve others with them, so we can bring joy into their lives.

Amen.

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit **RuahWoodsInstitute.org/parents** to view a TOB parent presentation.

