PARENT / GUARDIAN CONNECTION FIRST GRADE: TOB LESSON 5



SOW THE SEED

Dear Parents,

In this Theology of the Body (TOB) lesson that continues our theme of **Vocation**, your child will learn Pope St. John Paul II's teaching that each one of us exists in a "unique, exclusive, and unrepeatable relationship with God himself" (TOB 6:2). What joy and security it can bring all of us to know our dignity and worth doesn't have to be earned and cannot be taken away by any circumstance or any sin. This is a truth upon which we can build our entire lives.

In this lesson, the class will discuss how we can love others through our work. Your child will bring the completed "Interview with an Adult" homework sheet (student activity book page 17) assigned in the previous lesson to class for this discussion. In reviewing these activity sheets, we will discover how you, as parents, love them through your work. We will discuss how the farmer in *The Animal Hedge* did work he loved and also work he didn't love. Finally, your child will do an activity sheet thinking of ways they make a gift of themselves doing things they enjoy, and things they don't enjoy.

S GERMINATE THE SEED

FAMILY DISCUSSION QUESTION:

What do you think God is calling you to be when you grow up? *(*Note to parents:* Besides a job or career, your children will also be called to the vocation of husband or wife, mother or father aunt or uncle or a religious order. Kids often hear the question, "What do you want to be when you get older?" But it can be helpful to ask them, "What does God want you to be?" This will help them realize that God has a specific plan in mind for them to live a prosperous life).



SGROW THE SEED

FAMILY ACTIVITY:

Every person's contribution to the family's needs is a gift of their vocation. Take some time to work together as a family and recognize the gifts each person brings to the task. Clean the house, wash the car, take the dog on a walk.....together.

FAMILY PRAYER:

Thank you, God, for the vocation to which you have called each of us. Help us listen to your voice in the silence of our hearts as we discern our varied vocations. Please help us to say "Yes" to You and Your will for our lives every day knowing your plans for each of us are for us to prosper and thrive to the fullest. Thank you, Lord for Your calling.

Amen.

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit **RuahWoodsInstitute.org/parents** to view a TOB parent presentation.

