

PARENT / GUARDIAN CONNECTION

SECOND GRADE: TOB LESSON 1

THEME: GIFT-OF-SELF (PART 1)

SOW THE SEED



Dear Parents,

In this Theology of the Body (TOB) lesson your child will learn how we image God by making a **Gift-of-Self**. God has made known to us that He is a total gift-of-self in the Trinity. “God has revealed his innermost secret: God himself is an eternal exchange of love, Father, Son, and Holy Spirit, and he has destined us to share in that exchange” (Catechism of the Catholic Church 221). Humans, male and female, have been created in the image of God and thus bear the imprint of their Creator’s call to self-gift within our very bodies.

In this lesson, your child will learn about the gifts God has given him or her and how each can share those gifts with others. We will read the book *The Quiltmaker’s Gift* and recount the gifts we have given and received in the past. For the activity, each student will decorate a quilt square highlighting the gifts they have been given to share. We will put them all together to show our class the beauty and uniqueness of each of them and how together we can create something beautiful.

GERMINATE THE SEED



FAMILY DISCUSSION QUESTION:

Have each family member name a gift about the family member sitting to their right, i.e. “Can you name a unique gift that mom offers to the family?” Discuss briefly the gifts each person in the family has to share. Encourage each other by pointing out gifts they may not think of. Write these down.





FAMILY ACTIVITY:

Look at your list of gifts that your family has together. Consider what you could do as a family to make a gift of yourselves depending on what gifts you possess. For example, are you good writers? Write letters to someone who may be lonely. Are you hard workers? Rake someone's leaves who can't do it themselves. Are you good cooks? Make a meal for a family that needs it. Are you friendly and welcoming? Volunteer to serve donuts at your church.

FAMILY PRAYER:

Heavenly Father, we thank you for giving us each our particular gifts. Help us to use our gifts to share the good news of Jesus Christ with those we encounter.

Amen.

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit RuahWoodsInstitute.org/parents to view a TOB parent presentation.

