

# PARENT / GUARDIAN CONNECTION

## SECOND GRADE: TOB LESSON 2

### THEME: GIFT-OF-SELF (PART 2)

#### SOW THE SEED



Dear Parents,

In this week's Theology of the Body (TOB) lesson, your child will continue to learn that we are called to give of ourselves to others out of love, to be a **Gift-of Self**. This is our purpose. Pope St. John Paul II repeats the quote, "Man cannot fully find himself except through a sincere gift of himself" (Gaudium et Spes 24:3 or "Hope and Joy" in English) many times throughout his scriptural reflections called Theology of the Body. We understand that true happiness is not found in taking from others (selfishness), but in the very act of giving to others out of love (selflessness).

In this lesson, we will revisit the story *The Quiltmaker's Gift* and play a game called "Guess the Gift Giver." We will then discuss how it feels to give and receive gifts. Your child will learn that God gave us the gifts of creation because He loves us and make the connection that the Eucharist is a gift that Jesus gives us at every Mass. The students will consider one way that he or she is called to give a selfless gift to others like Jesus does.

#### GERMINATE THE SEED



#### FAMILY DISCUSSION QUESTION:

Can you think of a time that you gave a gift (whether it was an actual object or something you did for someone) and it made you very happy to give that gift? Discuss the event and why it made you happy. as the gift-giver.





### **FAMILY ACTIVITY:**

Put each family member's name on a piece of paper and have each family member draw a name, ensuring no one gets their own name. In the next week, do something kind for the person whose name you drew, whether it's doing their chore, giving them a small treat, or helping them with something. At the end of the week, discuss how it felt to give your gift and to receive a gift.

### **FAMILY PRAYER:**

Heavenly Father, we thank you for the gift of our family. Thank you for the ways in which we give of ourselves. Help us to be willing to sacrifice our own will for others as you did for us.

Amen.

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Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit [RuahWoodsInstitute.org/parents](https://RuahWoodsInstitute.org/parents) to view a TOB parent presentation.

