

PARENT / GUARDIAN CONNECTION

SECOND GRADE: TOB LESSON 5

THEME: THE BODY REVEALS THE PERSON

SOW THE SEED



Dear Parents,

In this Theology of the Body (TOB) lesson, your child will learn that **The Body Reveals the Person**. Our facial expressions, body language and tone of voice are some of the ways that our bodies transmit what's going on inside of us, but there's more. The body speaks at even deeper level just by its very existence. It transmits that we come from love and that we are made for love. Our belly buttons show that we come from another.

In this lesson, your child will identify the characteristics of the Trinitarian God. The class will discuss how humans relate to the characteristics of God. Your child will also do a worksheet to learn how our bodies were made to give and receive and exist in relationship. For example, "My (eyes) help me to receive the gift of light and to see the beauty of God's creation." And "My (knees) help me to give praise to God when I kneel in prayer."

The class will participate in the activity "What Do We Know About God?" Your child will have the opportunity to describe God, such as FRIEND, CREATOR, LOVING, etc. The class will discuss how we were made to be like God, and how our bodies allow us to give and receive love as God does.

GERMINATE THE SEED



FAMILY DISCUSSION QUESTIONS:

Can you 'see' someone's thoughts? How do facial expressions, body language, and someone's tone of voice reveal to us someone's thoughts? Emotions? Love? **(Note to parents: Our bodies reveal the invisible mystery of our hearts, minds and souls).*





FAMILY ACTIVITY:

Gesture Game — Give each family member a notecard. Each member writes down a positive statement on his/her notecard and turns it face down. (ex. You make me laugh; I am grateful for you, etc.) Go around, without using words and only gestures, to express your positive statement. Set the timer for two minutes, and if the family does not guess it correctly, read aloud your statement.

FAMILY PRAYER:

Lectio Divina — Read the following Scripture passage very slowly three times. Discuss with your family the words, ideas and feelings the Holy Spirit brings to your mind and heart.

1 Corinthians 6:19-20

“Do you not know that your body is a temple of the Holy Spirit within you, whom you have from God, and that you are not your own? For you have been purchased at a price. Therefore, glorify God in your body.”

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child’s worksheets to see a summary of their current TOB lesson labeled “THEOLOGY OF THE BODY TIDBITS.”

Want to learn more? Visit RuahWoodsInstitute.org/parents to view a TOB parent presentation.

