

# PARENT / GUARDIAN CONNECTION

## THIRD GRADE: TOB LESSON 2



### THEME: THE BODY REVEALS THE PERSON

#### SOW THE SEED



Dear Parents,

In this Theology of the Body (TOB) lesson we will begin to talk about how our bodies reveal that since we are created by God as male and female in His image, we were created from love and we are made for love, in other words, **The Body Reveals the Person**. Our facial expressions, body language and tone of voice are some of the ways that our bodies transmit what is going on inside of us, and the body speaks at an even deeper level just by its very existence. We can see that the body gives witness to a higher call — to be sons and daughters, husbands and wives, fathers and mothers. You play an important role in teaching your child to read the wonderful mystery of God’s narrative within their bodily existence.

In this week’s lesson, your child will discuss the fruits of the Holy Spirit, and how we express them through our bodies. The class will once again read the story of *Mufaro’s Beautiful Daughters* by John Steptoe and discuss the characters of Nyasha and Manyara. One daughter portrays actions that express the fruits of the Spirit, while the other sister does not.

The class will participate in the activities “Fruits of the Spirit T-Chart,” and “The Body Reveals the Fruits of the Spirit.” Your child will identify the fruits of the Spirit (virtue), or lack thereof (vice) in action, and act out scenarios that exhibit virtue or vice.

#### GERMINATE THE SEED



#### FAMILY DISCUSSION QUESTIONS:

Which fruit of the Holy Spirit has God gifted me with the most? Which fruit of the Spirit do I need the most? **\*(Note to parents: Read and describe the following fruits of the Spirit: love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control).**





### **FAMILY ACTIVITY:**

Fruits of the Spirit in Action Challenge — Write each Fruit of the Spirit on a notecard and distribute the nine cards amongst your family members. Go around and have each member discuss how your family expresses this Fruit of the Spirit. Write down the fruits that may be lacking in the family. At the end, choose one or two fruits that need family work, and create a family plan to take action to improve in this area as a family. (ex. Lack of self-control — implement giving up electronics on Wednesdays and Fridays and replace with family activity or act of service).

### **FAMILY PRAYER:**

Dear Father, grower of spiritual fruit, let the Fruits of the Spirit blossom, mature, and ripen in our family. Bless us with more love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

In the name of Jesus, we pray,

Amen.

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Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit [RuahWoodsInstitute.org/parents](https://RuahWoodsInstitute.org/parents) to view a TOB parent presentation.

