

PARENT / GUARDIAN CONNECTION

THIRD GRADE: TOB LESSON 3



THEME: SIN DISTORTS THE GIFT

SOW THE SEED



Dear Parents,

In this Theology of the Body (TOB) lesson, your child will learn about the harmful effects of sin, on our relationships and in our world. The more we sin, the less we are open to receive the grace God offers, which is necessary to give of ourselves fully. Sin makes us selfish and turns us inward, thus, **Sin Distorts the Gift**. God and his grace make us selfless and turns us outside of ourselves towards others.

In this lesson, we will revisit the story *Mufaro's Beautiful Daughters* and discuss how sin breaks relationships, keep us farther from God, and hurts other people. Your child will do an activity called "Sin Distorts the Gift" which will show them that sin makes it harder to see the world, others, and ourselves as loving gifts of God. Then, they will do another activity discussing how Manyara could have acted differently, offering hope in reminding them that all persons are gifts.

GERMINATE THE SEED



FAMILY DISCUSSION QUESTIONS:

Have we done something that was unkind to others? How could we have acted differently? **(Note to parents: It takes humility to admit our faults, when we might be the cause of pain or hurt to others. It also takes patience and persistence to try to heal broken relationships. Ultimately it comes from the grace of God. The best first step we can make towards reconciliation is to pray for someone else).*





FAMILY ACTIVITY:

Go to Confession at your local parish if possible. If not, just spend a little extra time in prayer before or after Mass, praying specifically for someone you may have hurt or been hurt by.

FAMILY PRAYER:

Dear God, thank you for all the gifts that you have given to our family. Thank you for each person in our family. We want to say sorry for the times we have hurt one another, and we ask your mercy to help us reconcile and to have good relationships again. Please give us the grace of living in the communion of persons, to truly be a gift for one another.

Amen.

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit RuahWoodsInstitute.org/parents to view a TOB parent presentation.

