

# PARENT / GUARDIAN CONNECTION

## THIRD GRADE: TOB LESSON 5



### THEME: BODY-SOUL UNITY

#### SOW THE SEED



Parents,

In this Theology of the Body (TOB) lesson, we will discuss the important truth that the gift of our body is integral to our identity as a **Body-Soul Unity**. You can introduce this truth to your children by helping them recognize that every action they do involves their body, and their body is what makes them visible to the created world.

In this lesson, we will talk about how our bodies make things that are invisible visible. For example, you can tell from a person's body if they are sad or happy. We will then talk about how the body makes the soul visible.

For the activity, your child will make a windsock to illustrate the body revealing the soul, just as the invisible wind animates the windsock!

#### GERMINATE THE SEED



#### FAMILY DISCUSSION QUESTION:

How can you tell your family members that you love them without any words? Allow each family member to answer and then discuss the how these examples in a greater way make visible God's love for us.





## FAMILY ACTIVITY:

### Fishbowl

First, have every person fill out 3 slips of paper that have one thing from each category written on them: a person, a place, and a thing. Fold them in half.

Dump all of the papers into a “fishbowl” or something similar.

Divide into 2 teams. Team A will select a person to go first, who will try to get their team to guess as many slips as they can in 1 minute. Once team A’s minute is up, they add up how many slips of paper they guessed correctly and record that many points for the round. Then, it’s Team B’s turn. If a team hits the 1-minute mark and the clue has not yet been guessed, it goes back into the bowl. Once all of the slips of paper have been guessed, the round is complete, and they all get added back to the bowl for rounds 2 and 3. After round 3 is complete, add up the total number of slips of paper each team has guessed from each round and the team with the most points wins!

Each round has specific rules on how you can get your team to guess the word:

Round 1: Player can use only words without saying any words that are a part of the answer

Round 2: Player can only use actions to get their team to guess the word.

Round 3: Player can say only 1 word to get their team to guess the clue, so they must choose carefully!

For example, if the word is “cheeseburger”, this is how it could go:

Round 1: Player could ask “what do you eat at McDonald’s?” “It’s made from a cow” “It’s on a bun” etc.

Round 2: Player can only use actions, so could act like they are eating a cheeseburger and make the Golden Arches to symbolize McDonald’s. You hope that your team remembers the words from the first round, so that they will be able to quickly guess it again.

Round 3: The player can only choose one word, so they could say McDonald’s, and hope that someone remembers cheeseburger is written on one of the slips of paper!

### FAMILY PRAYER:

Heavenly Father, thank you for creating us with a body and soul. Thank you for the ability to show love to others, especially our families. Help our love to be a sign of your love to those around us every day.

Amen.

---

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child’s worksheets to see a summary of their current TOB lesson labeled “THEOLOGY OF THE BODY TIDBITS.”

Want to learn more? Visit [RuahWoodsInstitute.org/parents](https://RuahWoodsInstitute.org/parents) to view a TOB parent presentation.

