

# PARENT / GUARDIAN CONNECTION

## FOURTH GRADE: TOB LESSON 3

### THEME: DIGNITY OF THE HUMAN PERSON

#### SOW THE SEED



Dear Parents,

In this Theology of the Body (TOB) lesson, your child will learn about the **Dignity of the Human Person**. By taking us back to “the beginning” in Genesis, Pope St. John Paul II shows that God has a particular order, design, and meaning behind all of creation with the human person as the pinnacle. As embodied beings, the human person is called to share in the joy of life in the Trinity. Each person has inestimable value because we are the only creature created in the image and likeness of God. Every stage of the human person holds equal dignity: baby in the womb, newborn baby, child, adult, elderly person.

In this week’s lesson, your child will recognize that the human person has value at every age and stage of life. The class will discuss how a seedling turns into a plant, and the care it takes for the seed to blossom. Your child will make the connection that just as a plant has value at every stage of its life, a human person has infinitely more value at every stage of life by being created in the image and likeness of God.

The class will participate in two activities called “Everyone Has Value,” and “Everyone Is a Gift.” Your child will create a ‘stage of life’ circle with a wheel on top that states, “Everyone Is a Gift.” The children will discuss how to respect each stage of life and reflect on how each person is a gift from God.

#### GERMINATE THE SEED



#### FAMILY DISCUSSION QUESTION:

How are you a gift from God? *\*(Note to parents: Go around to each family member and have them share what they think is special about each person).*





### FAMILY ACTIVITY:

In the Womb — Find video footage or photos of a baby in the womb in different stages of life and view them together to share the wonder. A good one available as of this printing is <https://babyolivia.liveaction.org/>

### FAMILY PRAYER:

*LECTIO DIVINA* — Read the following Scripture passage three times very slowly. Share any words, thoughts, or ideas that came to your mind and heart as you listened:

Psalm 139:13-14 - “For it was you who formed my inmost being; you knit me in my mother’s womb; I praise you, for I am fearfully and wonderfully made.”

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Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child’s worksheets to see a summary of their current TOB lesson labeled “THEOLOGY OF THE BODY TIDBITS.”

Want to learn more? Visit [RuahWoodsInstitute.org/parents](https://RuahWoodsInstitute.org/parents) to view a TOB parent presentation.

