

# THEME: THE DIGNITY OF THE HUMAN PERSON



Dear Parents,

In this Theology of the Body (TOB) lesson, your child will learn more on the **Dignity of the Human Person**. Every person's dignity springs forth from the fact that God purposely created him or her out of an overabundance of love. Pope St. John Paul II's close friend, Pope Benedict XVI wrote, "Each of us is the result of a thought of God. Each of us is willed. Each of us is loved. Each of us is necessary."

In this lesson, your child will recognize that every human person is equal in value because we are all made in the image and likeness of God. The class will discuss ways that people fail to recognize the value of every person, and ways to help one another recognize the immense value of each and every human person.

Your child will participate in two activities called "Equal in Value," and "Seeing Through God's Eyes." First, there is an analogy of two 'million-dollar bills' that appear differently (one is crumbled, marked on). The conclusion is that they still have equal value. Next, the class will view people side by side (who in the world's eyes may not seem to have equal value) and discuss how they truly are equal in value. Lastly, your child will create 'lenses' that represent how God sees all His children equally in value.

# Serminate the seed

#### FAMILY DISCUSSION QUESTION:

How can we see others through God's Eyes? \*(**Note to parents:** We can see others through God's eyes by asking for His help to do so and by understanding that each person is made in His image and likeness).



## SGROW THE SEED

## FAMILY ACTIVITY:

View as a family the YouTube segment — "Inclusion Makes the World More Vibrant:" <u>https://youtu.</u> <u>be/QXY5TyCUTIo?si=NOtW3LUaGL\_i2Gbp</u> The son helped his mother experience beauty through his eyes. Come up with a family plan to bring beauty to someone you know who is limited and help remind them of their value.

### FAMILY PRAYER:

Parent: Let's ask God for the grace to see the value of every human person. When I say a phrase, please respond with, **"Help me to see them with your eyes."** 

Babies still in their mothers' wombs... "Help me to see them with your eyes."

Babies outside of their mothers' wombs... "Help me to see them with your eyes."

People with different abilities... "Help me to see them with your eyes."

People of every race... "Help me to see them with your eyes."

People of every age... "Help me to see them with your eyes."

People different from me... "Help me to see them with your eyes."

Every human person... "Help me to see them with your eyes."

Amen.

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit **RuahWoodsInstitute.org/parents** to view a TOB parent presentation.