

# PARENT / GUARDIAN CONNECTION

## FIFTH GRADE: TOB LESSON 4

### THEME: PURITY

#### SOW THE SEED



Dear Parents,

In this Theology of the Body (TOB) lesson, your child will learn about **Purity**. Jesus teaches in the Sermon on the Mount; “Blessed are the pure in heart, for they will see God.” “Purity as a virtue or ability of keeping one’s own body with holiness and reverence allied with the gift of piety as a fruit of the Holy Spirit’s dwelling in the temple of the body, causes in the body such a fullness of dignity in interpersonal relations that *God himself is thereby glorified*. Purity is the glory of the human body before God” (TOB 57:3). As Christians, we should seek purity of heart to be truly holy and to love others as God loves them. Having purity of heart means to see the way God sees.

In this lesson, students will discuss the reason why we “veil” things, such as the Eucharist in the Tabernacle in Church. For the activity, they will hide a “treasure box” from “pirates” who want to steal it. We will use this activity to talk about the tabernacle and why we veil the Eucharist. We veil what is holy, to protect and honor it. In the same way, we veil our bodies with clothes to show forth and protect the dignity of the human person in our fallen nature.

#### GERMINATE THE SEED



#### FAMILY DISCUSSION QUESTIONS:

Is there anything in our family home that we keep “veiled” or hidden? Why do we do that? **\*(Note to parents: Answers here might be about special objects, souvenirs, or gifts that we try to keep safe. We also veil our bodies. It can be helpful to discuss with children at the appropriate age the importance of modest clothing, the importance of wearing clothes highlighting the dignity of the human person).**





**FAMILY ACTIVITY:**

Donate unused clothes to a clothing center to help others have the dignity of good clothing.

**FAMILY PRAYER:**

Dear God, thank you for the dignity of the human person and of the human body. Please give us pure hearts to see this dignity in each member of our family and in our neighbors and friends. Give us reverence towards things that are holy.

Amen.

---

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit [RuahWoodsInstitute.org/parents](https://RuahWoodsInstitute.org/parents) to view a TOB parent presentation.

