# PARENT / GUARDIAN CONNECTION

FIFTH GRADE: TOB LESSON 8



## **THEME: ORIGINAL NAKEDNESS (PART 2)**

### SOW THE SEED



Parents.

In this Theology of the Body (TOB) lesson, your child will continue with the theme: **Original Nakedness:** Where We Are Now. Before the fall, Adam and Eve were able to see the other as God sees, with a loving gaze that desires only the good for the other and that opens up to receiving the other with gratitude and reverence. Given our fallen nature, there's a tendency to look upon the other as a mere means to get what we want, whether its pleasure, money, or power. That signifies seeing and treating the other as a mere object, something that is beneath our dignity, so we experience the need to cover ourselves, to protect the gift of our very person from being misused. Modesty reclaims the need to be known by our personhood, and not objectified.

In class, we will read from Genesis 3 about the Original Sin and have a class discussion about this story. Students will be asked questions about what it means to "put on Christ," about what sin does to our vision of the world, and about how Jesus' total gift-of-self in His body on the cross, heals and redeems us of our sin to help us see again with the vision of the beginning, before sin entered the world.

#### GERMINATE THE SEED



#### **FAMILY DISCUSSION QUESTION:**

How can we as a family better see the personal dignity of each member of our family, of our neighbors, and of the poor in our society? \*(Note to parents: Every person has dignity because they are a person created in the image and likeness of God. Dignity does not come from physical beauty, academic ability, or being good at sports but rather from the very fact of being a son or daughter of God created in His image and likeness).



# S GROW THE SEED

#### **FAMILY ACTIVITY:**

This week make it a point to acknowledge people that cross your path. For example, if you are in the grocery store line, say hello, at a church event, introduce yourself to someone new, etc. If you interact with people in a friendly manner, and ask for their name, you show that you believe that they have dignity, and you want to acknowledge it.

#### **FAMILY PRAYER:**

Lord, thank you for the gift of life and for the gift of being a person. Please help us to respect our own dignity and the dignity of one another by living according to the image of God in each of us. We ask you to forgive us for the times when we have not treated one another well, and help us have the humility to apologize. Thank you, Jesus, for your gift-of-self on the cross that redeemed us and brought us back into communion with God.

Amen.

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit **RuahWoodsInstitute.org/parents** to view a TOB parent presentation.

