

PARENT / GUARDIAN CONNECTION

KINDERGARTEN: TOB LESSON 3

THEME: ORIGINAL SOLITUDE (PART 1)

SOW THE SEED



Dear Parents,

In this Theology of the Body (TOB) lesson, your child will learn about **Original Solitude**. Pope St. John Paul II describes the creation of Adam and Eve as “original experiences” that help us understand how we are created in the image and likeness of God. The first of these universal experiences is called “original solitude,” when God first creates Adam and brings forth the animals for him to name. Adam realizes that he is different from the animals, that he is created for a unique and special relationship with God, and that he longs to be in relationship with someone like himself.

In this lesson, your child will be read the story *Blueberries for Sal*, and we will discuss how Sal and Little Bear have similarities but are also very different. Your child will also learn how God desires to have a special relationship with him/her and communicates with us through prayer, the Sacraments, one another, etc. The children will then be given a chance to reflect on how God’s friendship with us is a deeper relationship than that with the animals.

The class will participate in two activities that help them distinguish humans from animals. The first is “Matching Mother and Baby Pairs” (includes both animals and humans). The second is comparing “Human and Animal Prints.” We will discuss how human persons have a special relationship with God. Unlike animals, we pray and go to church, and we have the Holy Spirit living within us.

GERMINATE THE SEED



FAMILY DISCUSSION QUESTION:

How are we different from the animals? To get things started, ask them to share what they learned from the matching activity at school. **(Note to parents: We are made in the image and likeness of God with free will and intellect; we have the ability to choose the good and to be a gift-of-self to others. Humans gather together to worship God, discuss literature and music, and build civilizations).*





FAMILY ACTIVITY:

Play a game of charades and act out an activity (scene) of either an animal or human doing the same thing (ex: a dog eating out of a bowl; a human eating at the dining table). Guess whether it is an animal or human doing the activity and discuss the differences.

FAMILY PRAYER:

Heavenly Father, we are thankful for the many gifts you give to us. Thank you, God, for the gift of the world. Thank you, God, for the gift of my family. Thank you, God, for the gift of my school. Thank you, God, for the gift of my friends. Thank you, God, for the gift of my life. Thank you, God, for the gift of my body and soul.

Glory be to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and ever shall be, world without end.

Amen.

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit RuahWoodsInstitute.org/parents to view a TOB parent presentation.

