

# PARENT / GUARDIAN CONNECTION

## KINDERGARTEN: TOB LESSON 5



### THEME: DIGNITY OF WORK

#### SOW THE SEED



Dear Parents,

In this Theology of the Body (TOB) lesson, we will discuss the theme, **Dignity of Work**. When God created man, He set him within the Garden of Eden “to till and keep it.” That means work was God’s loving plan for us even before original sin made work more burdensome. We are capable of thinking about and planning what we do (i.e. intellect and free will), therefore God entrusts man with the care of creation. God reveals the dignity of work through his act of creation. Therefore, man reflects the image of God through his daily tasks, work, chores, duties, and responsibilities.

In this lesson, we will revisit the story *Blueberries for Sal* and demonstrate that man has similarities and differences from other created beings through asking guided learning questions about the work done by Sal and her mom, as well as, by little bear and mama bear. These types of questions help the children to use their reason to uncover deep truths about the human person. Next, the students are asked to reflect on a time that they worked hard, and what they did to rest afterwards. Then, they will discuss the work that God did in creating the world and how He rested afterwards.

For the activity, the students will be invited to make a thank you card for someone who works hard to make the school a better place. Then, they will hand-deliver their notes, if possible.

#### GERMINATE THE SEED



#### FAMILY DISCUSSION QUESTION:

Can you think of something that each member of the family does to make a gift of themselves in their work? **(Note to parents:** *Many times, we have small children or members of the family with limitations that prevent them from doing some or all tasks. We can be grateful for the work that family members do to contribute, but this is not the basis for our value as humans*).





### FAMILY ACTIVITY:

Have each family member pick a job that they can do to make your home a better place to live. Maybe it's as simple as gathering the trash from the house or setting the table.

**Note:** These activities when done in the home help us in the task of “Participating in the Development of Society.” When we use our gifts to help make the world around us a better place and express our gratitude for those who also make the world around us better, we are helping to develop society according to God’s plan to flourish.

### FAMILY PRAYER:

Leader: The Angel of the Lord declared unto Mary,

All: And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

Leader: Behold the handmaid of the Lord,

All: Be it done unto me according to your Word.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

Leader: And the Word was made flesh,

All: And dwelt among us.

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death.

Leader: Pray for us, O holy Mother of God,

All: That we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech you, O Lord, your grace into our hearts: that we, to whom the Incarnation of Christ your Son was made known by the message of an Angel, may by his Passion and Cross be brought to the glory of his Resurrection.

Through the same Christ our Lord,  
Amen.

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Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child’s worksheets to see a summary of their current TOB lesson labeled “THEOLOGY OF THE BODY TIDBITS.”

Want to learn more? Visit [RuahWoodsInstitute.org/parents](https://RuahWoodsInstitute.org/parents) to view a TOB parent presentation.

