

PARENT / GUARDIAN CONNECTION

KINDERGARTEN: TOB LESSON 7



THEME: I AM A SON OR DAUGHTER OF GOD

SOW THE SEED



Dear Parents,

In this Theology of the Body (TOB) lesson, we will discuss what it means that **I Am a Son or Daughter of God**. It is important for children to recognize that God created us male or female, both alike and different in many ways. Pope St. John Paul II looks to the creation accounts in the Book of Genesis to appreciate what this means. In Genesis 2:18, God says, “It is not good for the man to be alone. I will make a helper suited to him.” This is the first time God has said something is “not good.” Secondly, the word “helper” is not used as in someone to make Adam dinner or bring him his slippers! Rather, it is a word reserved for someone who is a help in revealing man’s identity to himself, as well as a help in his spiritual growth and getting to heaven. Genesis 2:23 expresses Adam’s joy when he encounters Eve: “This one, at last, is bone of my bones and flesh of my flesh.” Men and women share the same human nature, and therefore are equal in dignity. Men and women are both created in the image and likeness of a Trinitarian God and are each human persons who share in the gift of God’s creation.

In this lesson, your child will learn that God created both boys and girls in His image and likeness. They will see how boys and girls are both uniquely different and also alike in many ways. The class will discuss distinct ways they live out their identity in a family as sons or daughters of God, in order to help them see how this is true in themselves.

The class will participate in two activities called “Parts of a Family,” and “I Am a Child of God.” Your child will identify how boys and girls have special roles in God’s plan for them (ex. aunt, brother, friend). Your child will also draw a self-portrait and write, “I am a child of God” under their picture.

GERMINATE THE SEED



FAMILY DISCUSSION QUESTION:

What is your favorite thing about your mom? What is your favorite thing about your dad? Why do you think it is good that God made both boys and girls? **(Note to parents: Our culture frequently tries to put boys and girls (men and women) in opposition to each other or say there is no difference. Instead, men and women complement each other. While we are equal in dignity, we are not the same and that is good, even very good).*





FAMILY ACTIVITY & PRAYER:

Read this Scripture passage from your bible: Isaiah 43:1, “I have called you by name; you are mine.”

Blessing your sons and daughters (parents are given a special authority by God to bless their own children):

Heavenly Father,

We are so grateful for the precious gift of our daughter, (say her name). Thank you for making her a girl. We ask that you fill her with your Holy Spirit and let her know what a gift and blessing she is to our family and to the world. We know you are going to do amazing works in her life. Thank you for her kind heart and the many gifts you have given her to shine your light into the world. We pray for her future vocation as a wife and mother or as a religious sister. Protect her always and hold her safe in your loving hands. May she always know she is loved and cared for all the days of her life.

Amen.

Heavenly Father,

We are so grateful for the precious gift of our son, (say his name). Thank you for making him a boy. We ask that you give him strength as he grows up to always know you and to have a heart rooted in your love. Please let him know how much we love him and how grateful we are for the gift that he is to our family and to the world. We know you are going to do amazing works in his life. Thank you for his kind heart and the many gifts you have given him to shine your light into the world. We pray for his future vocation as a husband and father or as a priest. Protect him always and hold him safe in your loving hands. May he always know he is loved and cared for all the days of his life.

Amen.

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child’s worksheets to see a summary of their current TOB lesson labeled “THEOLOGY OF THE BODY TIDBITS.”

Want to learn more? Visit RuahWoodsInstitute.org/parents to view a TOB parent presentation.

