THEME: ORDER, DESIGN, AND MEANING



Dear Parents,

In this Theology of the Body (TOB) lesson, we will discuss how God has a perfect **Order, Design, and Meaning** in ALL of creation from ants to birds to people and everything in between. The goodness of all creation is an overflow of God's nature, which is complete, reciprocal, self-giving love. Therefore, this vocation is inscribed in our nature as human persons: giving, receiving, and bearing new life. This gift-giving and receiving is manifested through, with, and in the body both physically and spiritually in marital love and in the love of friendship. The self-giving love of a family is a sign of the self-giving love of the Holy Trinity.

In this lesson, your child will discover that God created all things with a particular order, design and meaning. Your child will learn how birds protect their nests and draw comparisons from this to reflect on how parents care for their children. We will see how God's creation demonstrates how He cares for us.

The class will participate in an activity called "A Baby is a Gift." Your child will explore the way birds protect their eggs in the nest. Then, your child will learn how a baby is a gift from God, and how parents love and care for their babies beginning in the womb.

Serminate the seed

FAMILY DISCUSSION QUESTIONS:

- 1. How do parents care for their babies?
- 2. How does God care for His children? *(**Note to parents:** Make the connection between the love of parents for their children and God's love for all of us. Just as parents sacrifice and care for their children, Jesus sacrificed His life for us, and the Father takes care of all of us).



SROW THE SEED

FAMILY ACTIVITY:

Family Memories — If possible, tell a story of when your child was sick or had to be cared for more than usual. Talk about your love and concern for them during this time, what you sacrificed (sleep, shower, etc.) and why you would do it again for them. You could also use the example of when they were a newborn, what that was like being with them and caring for them in such a delicate state.

FAMILY PRAYER:

Tell the story of the Third Joyful Mystery — The Nativity of Jesus. Emphasize how Joseph and Mary took care of the Baby Jesus, and the joy that filled the entire earth. Remind your child to think of this story while you are praying (meditating on that mystery). Consider watching the Angels Productions' short film called "The Shepherd" to experience a visual reflection on the birth of Jesus and of God the Father's care and protection over the entire event. Pray a decade of the Rosary together (One "Our Father" followed by ten "Hail Marys").

Stay up to date with the TOB lessons your child is learning in the classroom. Look for the leaf at the bottom of your child's worksheets to see a summary of their current TOB lesson labeled "THEOLOGY OF THE BODY TIDBITS."

Want to learn more? Visit **RuahWoodsInstitute.org/parents** to view a TOB parent presentation.

