

GRADE 7

# THE RESURRECTION

**FREEDOM & VIRTUE**

TEACHER'S GUIDE

Required change mock-up for 2024

USCCB Conformity Edition of Teacher's Guide

11-20-24, Requested Change with Additional Appendix

Will Be Added that explicitly refutes gender theory for Teacher's Reference.

Changing name from ROOTED to REVEALED.

**Ruah**  **Woods** PRESS

**ROOTED:** THEOLOGY of the BODY

K-12 CURRICULUM

a friend different than a maid? Perhaps these actions could be a sign of friendship, but in order to know you would have to go much deeper. It's not enough to perform actions. The actions have to be a sign of love that is sincere. Friends do things to show that they care about you, but most of all, friends just like to spend time together and enjoy one another for who they are.

To have purity of heart in the moral life is similar to this analogy of friendship. It is not about ticking off things on a check list and performing great feats in order to please God. First and foremost, it is a radical conversion of our heart to love what is truly good. In other words, it is about learning how to enjoy our relationship with God.

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‘DONT’S.’”



Certainly, the moral life requires us to do and not do certain things. And it is true that in order to get in the habit of doing what is right, we must do the action, even if we don't feel like it. But soon it becomes easier. Even in friendship certain actions and gestures are needed to show the friendship is real. Imagine if someone said he was your friend and then ignored you completely for the rest of the year, never backing up his words with actions. This would not be true friendship.

The point is that the law and the commandments are not only a list of “dos” and “don'ts”. They help direct our actions and educate our hearts to see clearly what is truly good. Living a moral life is to cooperate with the grace of Christ so that our words and our actions match.

## THE FREEDOM OF THE GIFT

Living according to the Spirit helps man live the truth of who God created him to be. It reminds man that he has a deeper history than original sin. When Adam and Eve were given the gift of their lives, each other and the world, there was great freedom in their relationship to each of those things. In other words, they had clarity of vision, a deep understanding and could easily relate to each other and the world; they had the ability to treat all of those things with the reverence they deserved.

But after the first sin, even if Adam and Eve knew the right thing to do, it became difficult to do so. But as we learned, Christ gives the ability to live that original goodness and go far beyond that by sharing divine life. Our freedom from sin gives us the ability to see the true good and to live our lives following that good. This is why it is “worth” avoiding sin—not for appearances or to tick off boxes on a chart, but so that we can be more free. Practicing the virtues, the firm resolve to do good in God's eyes, will help govern our acts, properly order our passions, and guide our conduct in accord with reason and faith (CCC 1834). In doing so, we will begin to see the fruits of the Holy Spirit in our lives: charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, chastity.

Living according to the Spirit is the way we can respond daily to the grace of redemption and how we grow in freedom, virtue and holiness. We respond with our whole selves, with true purity of heart, and by responding this way, we are able to see others, ourselves and the world as God first created them to be and treat them with the reverence they deserve. Integrating the greatest virtue of charity (the grace that moves us to love God above all things and our neighbor as ourselves) is the key to understanding purity of heart. The power of the Holy Spirit living in us gives us the ability to live purity of heart in all that we do.